



**Office of the  
Chief Medical  
Health Officer**

**COWICHAN AREA**

**250.331.8591**

Shannon Waters  
MD MHSc FRCPC  
601-222 Cowichan Way  
Duncan, BC V9L 6P4

**NORTH ISLAND**

**250.331.8591**

Charmaine Enns  
MD, MHSc, FRCPC  
355-11th Street  
Courtenay, BC V9N 1S4

**CENTRAL ISLAND**

**250.739.6304**

Paul Hasselback  
MD, MSc, FRCPC  
3rd Floor 6475 Metral Drive  
Nanaimo, BC V9T 2L9

**SOUTH ISLAND**

**250.519.3406**

Richard Stanwick, CMHO  
MD, MSc, FRCPC, FAAP

Murray Fyfe  
MD, MSc, FRCPC

Dee Hoyano  
MD, FRCPC

430 –1900 Richmond Ave.  
Victoria, BC V8R 4R2

**After Hours On Call**

**1.800.204.6166**

**Information for Students and Families**

With the outbreak of measles in Vancouver, BC, families may be wondering what steps they can take to protect themselves from measles. Vaccination is the best method of protection. All school-age children and adults born in 1970 or later should have 2 doses of MMR vaccine for full protection. Most people born before 1970 are immune to measles because of past exposure or disease. Please take some time to check your vaccination records to see if you or your children need additional vaccination. Vaccination is available from physicians, pharmacists (for adults and children over 5 years), and public health units (for children). Call ahead to your healthcare provider to ensure that MMR is available at your appointment. More information about measles and MMR vaccine can be found at [healthlinkbc.ca](http://healthlinkbc.ca) and [immunizebc.ca](http://immunizebc.ca).